

GIRFEC. WHAT DO YOU NEED TO KNOW?

Getting It Right For Every Child (sometimes shortened to GIRFEC) is a national approach which schools and teachers in Scotland use in supporting the wellbeing of children and young people.

As an Armed Forces parent you need to know about the **getting it right for every child** approach because it is a central part of our education system and is how we offer support to children and families.



The approach ensures children and young people are supported *individually* and offered the right help, at the right time, from the right people.

Schools are able to offer direct advice or support from their own resources. If needed, and with parental agreement, they can also seek help from another service or practitioner.

WELLBEING

'Wellbeing' is at the heart of the **getting it right for every child** approach.

The Scottish education system recognises that a child or young person's wellbeing is influenced by everything around them. If their wellbeing is suffering it may have an effect on their ability to achieve their goals.



If your child is struggling at school or is unhappy speak to the school and tell them you are concerned about their wellbeing. Schools want parents to keep them informed about how their child is feeling so that they can support them.